

# श्री हनुमान चालीसा – English Meaning

## Hanuman Chalisa with English Translation & Explanation

Doha

Shri Guru Charan Saroj Raj, Nij Manu Mukuru Sudhari

Barnau Raghuvar Bimal Jasu, Jo Dayaku Phal Chari

Meaning:

Having purified the mirror of my mind with the pollen dust of my Guru's lotus feet, I describe the immaculate glory of Lord Rama, which bestows the four fruits of life (righteousness, wealth, pleasure and liberation).

Budhiheen Tanu Janike, Sumirau Pavan Kumar

Bal Budhi Vidya Dehu Mohi, Harahu Kalesh Vikar

Meaning:

Knowing myself to be devoid of intelligence, I remember the Son of the Wind. O Hanuman! Grant me strength, wisdom and knowledge, and remove all my afflictions and impurities.

## Chaupai

Jai Hanuman Gyan Gun Sagar

Jai Kapis Tihun Lok Ujagar

### Meaning:

Victory to Hanuman, ocean of wisdom and virtue.

Victory to the Lord of Monkeys, whose glory illumines the three worlds.

Ram Doot Atulit Bal Dhama

Anjani Putra Pavan Sut Nama

### Meaning:

Messenger of Rama, abode of immeasurable strength,

Son of Anjana, known as the son of the Wind God.

Mahabir Bikram Bajrangi

Kumati Nivar Sumati Ke Sangi

### Meaning:

Great hero of tremendous valor, body strong as thunderbolt,

You remove evil thoughts and are companion to those of good intellect.

Kanchan Baran Biraj Subesa

Kanan Kundal Kunchit Kesa

### Meaning:

Your form is golden-hued and radiantly beautiful,

With earrings in your ears and curly hair.

Hath Bajra Au Dhvaja Biraje

Kandhe Moonj Janeu Sajai

**Meaning:**

In your hands shine the thunderbolt and banner,  
On your shoulder is the sacred thread of munja grass.

Shankar Suvan Kesari Nandan

Tej Pratap Maha Jag Vandan

**Meaning:**

Son of Lord Shiva, beloved son of Kesari,  
Your splendor and glory are adored throughout the world.

Vidyavan Guni Ati Chatur

Ram Kaj Karibe Ko Atur

**Meaning:**

Full of knowledge, virtuous and extremely clever,  
Ever eager to carry out the work of Lord Rama.

Prabhu Charitra Sunibe Ko Rasiya

Ram Lakhan Sita Man Basiya

**Meaning:**

You delight in hearing the divine acts of the Lord,  
Rama, Lakshmana and Sita ever dwell in your heart.

Sukshma Roop Dhari Siyahi Dikhava

Bikat Roop Dhari Lank Jarava

**Meaning:**

Assuming a tiny form you appeared before Sita,

Taking a terrible form you set Lanka ablaze.

Bhim Roop Dhari Asur Sanhare

Ramchandra Ke Kaj Sanvare

**Meaning:**

Assuming a gigantic form you destroyed demons,

And skillfully fulfilled all the tasks of Lord Ramachandra.

Laye Sanjivan Lakhan Jiyaye

Shri Raghuvir Harshi Ur Laye

**Meaning:**

You brought the life-giving herb and revived Lakshmana,

Lord Rama joyfully embraced you to His heart.

Raghupati Kinhin Bahut Badai

Tum Mam Priya Bharat Hi Sam Bhai

**Meaning:**

Lord Rama greatly praised you and said:

“You are as dear to me as my brother Bharata.”

Sahas Badan Tumharo Yash Gavai

As Kahi Shripati Kanth Lagavai

**Meaning:**

Even the thousand-mouthed Shesha sings your glory,

Saying this, Lord Rama embraced you.

Sanakadik Brahmadi Munisa

Narad Sarad Sahit Ahisa

**Meaning:**

Sages like Sanaka, Brahma and other great rishis,  
Narada, Saraswati and the king of serpents also sing your praise.

Yam Kuber Dignpal Jahan Te

Kabi Kobid Kahi Sake Kahan Te

**Meaning:**

Even Yama, Kubera and the guardians of directions cannot fully describe you —  
How then can poets and scholars do so?

Tum Upkar Sugrivahi Kinha

Ram Milay Raj Pad Dinha

**Meaning:**

You did a great favor to Sugriva,  
By uniting him with Rama and helping him regain his kingdom.

Tumharo Mantra Bibhishan Mana

Lankeshwar Bhaye Sab Jag Jana

**Meaning:**

Vibhishana followed your counsel,  
Became king of Lanka — the whole world knows this.

Jug Sahasra Yojan Par Bhanu

Leelyo Tahi Madhur Phal Janu

**Meaning:**

You leaped towards the Sun (thousands of miles away),

Thinking it to be a sweet fruit in your childhood play.

Prabhu Mudrika Meli Mukh Mahin

Jaladhi Langhi Gaye Acharaj Nahin

**Meaning:**

Carrying Lord Rama's ring in your mouth,

You crossed the ocean — this is no surprise for you.

Durgam Kaj Jagat Ke Jete

Sugam Anugrah Tumhare Tete

**Meaning:**

All difficult tasks of the world become easy

By your grace and favor.

Ram Duware Tum Rakhvare

Hot Na Aagya Binu Paisare

**Meaning:**

You are the guardian at Rama's door,

No one can enter without your permission.

Sab Sukh Lahai Tumhari Sarna

Tum Rakshak Kahu Ko Darna

**Meaning:**

Whoever takes refuge in you obtains all happiness,

When you are protector, there is nothing to fear.

Apan Tej Tumharo Aapai

Tinon Lok Hank Te Kanpai

**Meaning:**

You alone can control your own immense power,

Your roar makes all three worlds tremble.

Bhut Pisach Nikat Nahin Aavai

Mahabir Jab Naam Sunavai

**Meaning:**

Ghosts and evil spirits do not come near

When the great hero Hanuman's name is chanted.

Nase Rog Harai Sab Pira

Japat Nirantar Hanumat Bira

**Meaning:**

All diseases are destroyed and all pain removed

By constantly repeating the name of brave Hanuman.

Sankat Te Hanuman Chhudavai

Man Kram Vachan Dhyan Jo Lavai

**Meaning:**

Hanuman frees from all troubles

Those who fix mind, speech and action in meditation on Him.

Sab Par Ram Tapasvi Raja

Tin Ke Kaj Sakal Tum Saja

**Meaning:**

Lord Rama is the king among ascetics,

You accomplish all their tasks perfectly.

Aur Manorath Jo Koi Lavai

Soi Amit Jeevan Phal Pavai

**Meaning:**

Whoever approaches you with any desire

Receives the boundless fruit of life (all wishes fulfilled).

Charon Yug Paratap Tumhara

Hai Parsiddh Jagat Ujjyara

**Meaning:**

Your glory shines in all four ages,

It is famous as a bright light throughout the world.

Sadhu Sant Ke Tum Rakhvare

Asur Nikandan Ram Dulare

**Meaning:**

You protect saints and sages,

Destroy demons, and are most dear to Rama.

Asht Siddhi Nau Nidhi Ke Data

As Bar Deen Janaki Mata

**Meaning:**

You bestow the eight siddhis and nine treasures —

This boon was given by Mother Janaki (Sita).

Ram Rasayan Tumhare Pasa

Sada Raho Raghupati Ke Dasa

**Meaning:**

You possess the elixir of devotion to Rama,  
May you always remain the servant of Raghunath.

Tumhare Bhajan Ram Ko Pavai

Janam Janam Ke Dukh Bisravai

**Meaning:**

Through devotion to you one attains Lord Rama,  
And forgets the sorrows of many lifetimes.

Ant Kal Raghuvar Pur Jayi

Jahan Janam Hari Bhakt Kahayi

**Meaning:**

At the time of death one goes to Rama's abode,  
And in future births is known as a devotee of Hari.

Aur Devta Chitt Na Dhareyi

Hanumat Sehi Sarv Sukh Kareyi

**Meaning:**

One who does not fix mind on any other deity  
And serves only Hanuman obtains all happiness.

Sankat Katte Mitai Sab Pira

Jo Sumirai Hanumat Balbira

**Meaning:**

All difficulties are removed and all pain destroyed  
For whoever remembers the mighty hero Hanuman.

Jai Jai Jai Hanuman Gosain

Kripa Karahu Gurudev Ki Nain

**Meaning:**

Victory, victory, victory to Lord Hanuman!  
Please shower grace upon me like a spiritual teacher.

Jo Sat Bar Path Kar Koi

Chhootahi Bandi Maha Sukh Hoi

**Meaning:**

Whoever recites this one hundred times  
Is freed from bondage and experiences great happiness.

Jo Yah Padhe Hanuman Chalisa

Hoy Siddhi Sakhi Gaurisa

**Meaning:**

Whoever recites the Hanuman Chalisa  
Attains spiritual powers – Lord Shiva is the witness.

Tulsidas Sada Hari Chera

Kijai Nath Hriday Mah Dera

**Meaning:**

Tulsidas is forever the servant of Hari,  
O Lord, please make your home in my heart.

## **Closing Doha**

Pavan Tanay Sankat Haran Mangal Murti Roop

Ram Lakhan Sita Sahit Hriday Basahu Sur Bhoop

### **Meaning:**

O Son of the Wind, remover of all difficulties, embodiment of auspiciousness –

Please reside in my heart along with Rama, Lakshmana and Sita, O King of the gods.

Jai Shri Ram

Jai Hanuman

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